

Step 4 - BIG GOALS/IDEALS

Career/ Purpose

Partner

Home

Make them
Achievable
Measurable
Stretching

Make
them
COUNT

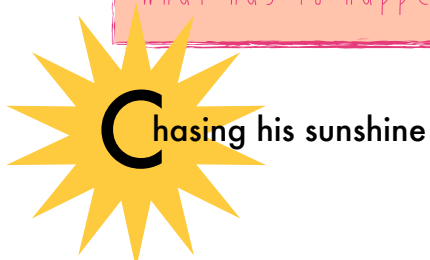
Kids

Health

Friends and Family

Self Development

What has to happen to make these a reality? Place them in your to do list.



Step 4 – TO DO LIST

Career/ Purpose

Partner

Home

Kids

Health

Friends and Family

Self Development



Step 4 – Three Practical Things This Week (any area/s)
Week Beginning

Career/ Purpose	Partner	Home
	Kids	Health
	Friends and Family	Self Development

